

# A Step

inside

The 2009 Fall Newsletter – Oct. 30, 2009

from One Step at a Time Gardens

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## About this new newsletter

A Step Inside invites you inside the workings of the farm during its fall and winter season, inside challenges and opportunities facing sustainable agriculture. We will continue to explore delicious recipes while we find more inside time for cooking and experimenting with new dishes.

This first issue is a short photo essay on farm activity of the past month. In the next issue we'll begin exploring the issue of the changes in the vegetable seed industry, delicious fall recipes and more farm updates.



Fall is time to pick up and clean up. What seems like miles of hoses had to be drained, coiled up and stored in our garden shed.

We also finished up our final chicken batches and pulled the pens in and stored them away in the machine shed.

We had lots of squash to gather up from the fields. On one beautiful afternoon we harvested more than a ton of squash. This will go in our Thanksgiving and Winter deliveries. We also sell quite a bit to Wheatsfield Grocer in Ames – check it out, our supply is there now.





Becky and Tim dig through the wet soil in search of sweet potatoes. This fall's rains have been part of the story throughout all our harvest and wrap up work.

Tim and I worked at this harvest one day after a rain and it was so sticky as to feel like digging in peanut butter!

And finally, Wednesday of this week we found a rare window of time where it was dry enough to bring a crew back and help with final push for garlic planting. To the left the crew is working on splitting the garlic heads into individual cloves for planting.

Below the rest of the crew is setting out the cloves, pressing them into the soil.

We were fortunate to get this task done as the next day is rained all day!



Look for our next issue to come out just before Thanksgiving.