

DES MOINES DELIVERIES

2010 One Step at a Time Gardens Farm Membership

Jan Libbey & Tim Landgraf, 641/495-6367, libland@peconet.net, www.ostgardens.com

Household 1

Name: _____

Address: _____

City: _____ Zip: _____

Preferred Phone (day, eve. or cell): _____

E-mail: _____

Household 2 (fill out if you split your share)

Name: _____

Address: _____

City: _____ Zip: _____

Preferred Phone (day, eve. or cell): _____

E-mail: _____

4 SUMMER VEGETABLE SHARE OPTIONS

- **FULL Share, 18 weeks, \$480** – The freshest, in-season, clean, naturally-grown vegetables. Qty fits small family. *Delivered June through September.*

Family Share, \$940 – Two FULL Shares

- **EOW (Every Other Week) Share, \$280** – The same selection of fresh, in-season vegetables as in the FULL Share, *delivered every other week, for a total of 9 deliveries.*
- **Green & Sweet, 7 weeks, \$175** – Enjoy the delicious sweetness of fresh, green vegetables to start off the summer. *Includes greens, edible peas, green onions, radish, and broccoli.*
- **Savor-the-Summer, 11 weeks, \$360** – Savor the “high season” of the gardens and eat right into the comfort foods of fall. *Includes full selection from the “summer garden”.*

2 LATE SEASON VEGETABLE SHARE OPTIONS

- **Thanksgiving Share, \$65** – Adopt an attitude of gratitude and enjoy a locally grown feast this Thanksgiving. Delivered 2nd week of November. *Supplies of winter squash, leeks, carrots, beets, onions, sweet potatoes, potatoes, and more.*
- **Winter Delivery, \$115** – Eat local deep into the winter. 2nd week of December. *Includes potatoes, carrot, onion, beets, winter squash, and garlic.*

THE CORNUCOPIA, \$800 – Don't miss **any** of the great tastes from the farm all season: *Full share, Thanksgiving Share, Winter Delivery, Fruit, Pesto Kit, Fresh Salsa Kit and Roast it Kit. Save \$8.*

3 ADD-ONS Available with Farm membership only.

- **Go Gourmet, \$50 (EOW \$25)** – Add a selection of gourmet vegetables, delivered through the season as available. *Approximately 11 deliveries, adds 10 -12 lbs. in all.*
- **Herb Share, \$30 (EOW \$15)** – Weekly packet of popular culinary herbs including basil, oregano, thyme, sage, rosemary, parsley, and more.
- **Fruit Share, \$55** – A summer of scrumptious fruits. - strawberries, raspberries and apples. Fruit from *The Berry Patch & OSTG.*

COOKBOOK

- **A to Z Food book, \$17** – Created by Madison Area CSA Coalition. Recipes for farm-fresh, in-season vegetables along with nutrition information, storage, and preparation tips.

5 ADD-ON KITS - Available with Farm membership only.

Delivered late Aug/early Sept.

- **Pesto Kit, \$14** - Basil & garlic for 2-3 C. of pesto.
- **Fresh Salsa Kit, \$8** - Here's to healthy snacking! *Includes tomatoes, onion, garlic and hot peppers.*
- **Salsa Kit, \$60** – Enough salsa supply to can. *Includes 15 lb. canning tomatoes, green pepper, garlic, onions, hot pepper.*
- **Roast it! Kit, \$68** – Fantastic homemade marinara sauce. *Includes 15 lb. canning tomatoes, onions, garlic, green pepper, basil, and oregano with our favorite roasted tomato recipe.*
- **Can it! Kit, \$35**– Put up some summer for winter with canning tomatoes at their peak. *Includes 15 lb. canning tomatoes.*

2010 SHARE	FULL Price	EOW Price	# of shares	Total
FULL SHARE	\$480			
Family Share	\$940			
EOW Share		\$280		
Green & Sweet	\$175			
Savor the Summer	\$360			
Thanksgiving Share	\$65			
Winter Delivery	\$115			
CORNUCOPIA	\$800			
Early Bird Discount	-\$15	By	April 1	
	Veg. Share	Total	→	
ADD-ONS				
Go Gourmet	\$50	\$25		
Herb Share	\$30	\$15		
Fruit Share	\$55			
ADD-ON KITS				
Pesto Kit	\$14			
Fresh Salsa Kit	\$8			
Salsa Kit	\$60			
Roast it! Kit	\$68			
Can it! Kit	\$35			
Cookbook	\$17			
	ADD-ON	Total	→	
	GRAND	TOT	AL	

PAYMENT OPTIONS – 4 convenient options from which to choose!

- Single Payment – Enclose one check for full amount.
- Two installments – Enclose two checks, one with today's date, one dated for deposit on June 1.
- Credit Card - Discover, Visa, and Master Cards accepted - please circle card → **D. V. M.C.**

Information required: Card number _____

Expiration Date: ____ __ __ __ 3 digit code: ____ __ __

- Direct Deposit – You may choose to spread your payments over **three to six months** using this option. Complete Direct Deposit Agreement.

Direct Deposit Agreement

I hereby authorize One Step at a Time Gardens to debit my bank account on or before the 15th of each month. The amount is determined by the worksheet below. The agreement can be cancelled at any time with a 30 day written notice. It will remain in force through full share payment in 2010. Any annual rate change will be announced in writing by One Step at a Time Gardens at least 30 days prior to taking effect. I have enclosed voided, blank check to set up of the program.

Signature _____

Date _____

Monthly Direct Deposit Worksheet:	
A. Total due	\$
B. # of payment months (August, last month)	
C. A / B = Total monthly debit	\$

SELECT A DELIVERY SITE – We deliver to Des Moines on **Wednesdays****Locations:**

- Downtown** – Kitchen Collage of Des Moines, Inc, 430 E. Locust St
- WDM** – St. Timothy's Episcopal Church, 24th & Ashworth Rd.

Pick up times

4:00 – 5:30 p.m.
5:00 – 7:00 p.m.

ONE MORE PRODUCT...

- Yes, I would like information on **Farm Fresh Chicken** from One Step at a Time Gardens

Member Agreement

I would like to be a member of One Step at a Time Gardens farm. I understand that the farmers and farm workers will work to the best of their abilities to deliver all that they have promised, and I realize that certain factors, such as weather, are out of their control. I look forward to the bounty of the gardens and understand there is some risk in farming and my membership is a commitment to share in that risk with the farmers.

Signature

Date

- I became aware of One Step at a Time Gardens through _____
- If you know of additional contacts interested in farm membership, Please provide names and contact information.

HELP ANOTHER FAMILY EAT WELL – **Local Foods Connection**, a non-profit in Iowa City, sponsors several shares with the farm each summer. Please read about their work at www.localfoodsconnection.org and consider making a donation to them.

Enclose completed membership form and payment to: **One Step at a Time Gardens**, 1465 120th St., Kanawha, IA 50447

If you have additional questions, please contact us: libland@peconet.net, 641/495-6367, or www.ostgardens.com

Thank you – We look forward to a season of great eating! – *Jan & Tim*

We recommend you make a copy of this form for your records

