

# One Step at a Time Gardens

## 2010 Summer Farm Internship Opportunity

We are seeking two interns for 2010!

Join us for a summer of meaningful work!



Come learn about community agriculture this summer on a working farm with over 14 years of experience and many connections with local food and local community networks!

**Who: One Step at a Time Gardens**

Jan Libbey & Tim Landgraf  
1465 120<sup>th</sup> St., Kanawha, IA 50447  
641/495-6367  
[libland@peconet.net](mailto:libland@peconet.net)  
[www.ostgardens.com](http://www.ostgardens.com)

*We raise and market naturally grown products for 150 farm members, two farmers' markets and regional wholesale. Products include vegetables, pastured poultry, fresh herbs, and raspberries.*

**Where:** Our farm is located 45 miles southwest of Mason City, in North Central Iowa.

**When:** mid-May through September 2010. *Later is preferable if possible. Time frame is negotiable.*

**What: Duties include:** Planting, Weeding, Harvesting, Post harvest handling, Packing, Deliveries, and Marketing.

Learn about the use of row cover, flame weeding, crop rotation, and integrated pastured poultry.

**The experience:** We are seeking **two interns** this summer. The farm has experience hosting interns and offers a mix of hand and head work. The farm will strive to provide interns with as much information as possible through conversations while we work. Some time may be allotted for topical discussions on business mgmt, planning, marketing, etc. Print and other resources will be available for reference at intern's leisure. Both Jan and Tim are heavily involved in local food and sustainable agriculture at regional and state level. Our farm setting is ideal for outdoors enthusiast – wetlands, woods, recreation opportunities.

**Compensation** - A stipend of \$900/month plus an end-of -season bonus for completing the season.

**Housing** – a small house provides three separate bedrooms and common living space, bathroom and cooking facilities (fully equipped kitchen).

**Board** – One shared noon meal Monday through Friday provided by the farm. Interns have access to extra garden produce.

**To Apply:** Send resume with three references and a cover letter listing your goals for the internship to Jan and Tim at the above address or email.