

# One Step at a Time Gardens

## 2012 Farm Member Sign up - NORTH IOWA DELIVERIES

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### Household 1

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Primary Phone (day, eve. or cell): \_\_\_\_\_  
 E-mail: \_\_\_\_\_

### Household 2 (fill out if you split your share)

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Primary Phone (day, eve. or cell): \_\_\_\_\_  
 E-mail: \_\_\_\_\_

## VEGETABLE SHARES

### 5 SUMMER, 1 FALL OPTION

- **FULL Share, 18 weeks, \$400** – The freshest, in-season, clean, naturally-grown vegetables. See our FAQ for quantity descriptions. *18 weekly deliveries June through September.*
- **Family Share, \$780** – Two FULL Shares, **Saves you \$20**
- **EOW (Every Other Week) Share, \$240** – The same selection of fresh, in-season vegetables as in the FULL Share, *delivered every other week, for a total of 9 deliveries.*
- **Green & Sweet, 1<sup>st</sup> 7 weeks, \$165** – Start off the summer with the delicious sweetness of fresh, green vegetables. This share *includes greens, green onions, radish, broccoli, & more.*
- **Savor-the-Summer, last 11 weeks, \$310** – Savor the “high season” of the gardens and eat right into the comfort foods of fall. *Includes full selection from the “summer garden”.*
- **Fall Greens Share, \$70** - 3 weeks of fresh greens and extra salad fixings just when you thought the garden was all done. Late three weeks of October. *Available for N.IA members only.*

### 2 LATE SEASON OPTIONS

- **Thanksgiving Share, \$65** – Adopt an attitude of gratitude and enjoy a locally grown feast this Thanksgiving. Delivered 2<sup>nd</sup> week of November. 20-25 lb. total – *Includes: winter squash, leeks, carrots, beets, onions, greens, and more.*
- **Winter Delivery, \$125** – Eat local deep into the winter. 2<sup>nd</sup> week of December. 50 lb. total - *Includes potatoes, carrots, onions, beets, winter squash, and garlic.*



### THE CORNUCOPIA, \$714



Don't miss **any** of the great tastes from the farm all season. The Cornucopia Package includes: *Full share, Thanksgiving Share, Winter Delivery, Fruit, Pesto Kit, Fresh Salsa Kit and Roast it Kit.*  
 The Cornucopia **saves you \$10**

### ADD-ONS

*Available with Farm membership only.*

- **Go Gourmet, \$55 (EOW \$28)** – Add these gourmet vegetables to your summer dishes. *Mustard greens, Pac Choi, Chard, Dragon beans, Cherry tomatoes, Eggplant, Red Noodle beans. Adds 10 -12 lbs. in all.*
- **Herb Share, \$30 (EOW \$15)** – Weekly packet of popular culinary herbs *including basil, oregano, thyme, sage, parsley, and more.*
- **Fruit Share, \$55** – Supplies through the summer of scrumptious fruits. - strawberries, raspberries and apples. Fruit from *The Berry Patch & our farm.*

### COOKBOOK

- **A to Z Food book, \$17** – Created by Madison Area CSA Coalition. Excellent resource! Tasty recipes for farm-fresh, seasonal vegetables, nutrition information, storage, and prep. tips.

### ADD-ON KITS

*Available with Farm membership only. Available late August*

- **Pesto Kit, \$15** - Basil & garlic for 2-3 C. of pesto.
- **Fresh Salsa Kit, \$9** - Here's to healthy snacking!  
*Includes tomatoes, onion, garlic and hot peppers.*
- **Salsa Kit, \$46** – Enough salsa supply to can. *Includes 15 lb. canning tomatoes, green pepper, garlic, onions, hot pepper.*
- **Roast it! Kit, \$55** – Fantastic homemade marinara sauce. *Includes 15 lb. canning tomatoes, onions, garlic, green pepper, basil, and oregano with our favorite roasted tomato recipe.*
- **Can it! Kit, \$32**– Put up some summer for winter with canning tomatoes at their peak. *Includes 15 lb. canning tomatoes.*

VEGETABLE SHARES	FULL Price	EOW Price	# of shares	Total
FULL SHARE	\$400			
Family Share	\$780			
EOW Share		\$240		
Green & Sweet	\$165			
Savor the Summer	\$310			
Fall Greens Share	\$70			
Thanksgiving Share	\$65			
Winter Delivery	\$125			
CORNUCOPIA	\$714			
Early Bird Discount	-\$15	By March 1		
<b>VEG. SHARE TOTAL</b>				
<b>ADD-ONS</b>		EOW only		
Go Gourmet	\$55	\$28		
Herb Share	\$30	\$15		
Fruit Share	\$55			
<b>ADD-ON KITS</b>				
Pesto Kit	\$15			
Fresh Salsa Kit	\$9			
Salsa Kit	\$46			
Roast it! Kit	\$55			
Can it! Kit	\$32			
Cookbook	\$17			
<b>ADD-ON &amp; KIT TOTAL</b>				
Credit for 2012	\$50 Deposit		minus	
<b>GRAND TOTAL</b>				

**PAYMENT OPTIONS – 3 convenient options from which to choose!**

- Single Payment** – Enclose one check for full amount.
- Two installments** – Enclose two checks, one with today’s date, one dated for deposit on June 1.
- Direct Deposit** –You may choose to spread your payments over **several months** using this option. Complete Direct Deposit Agreement.

**Direct Deposit Agreement**

I hereby authorize One Step at a Time Gardens to debit my bank account on or before the 15<sup>th</sup> of each month. The amount is determined by the worksheet below. The agreement can be cancelled at any time with a 30 day written notice. It will remain in force through full share payment in 2012. Any annual rate change will be announced in writing by One Step at a Time Gardens at least 30 days prior to taking effect. I have enclosed voided, blank check to set up of the program.

Signature \_\_\_\_\_

Date \_\_\_\_\_

<b>Monthly Direct Deposit Worksheet:</b>	
A. Total due	\$
B. # of payment months, (Sept., last month)	
C. A / B = <b>Total monthly debit</b>	\$

**SELECT A DELIVERY SITE**

**Wednesday delivery Locations:**

- Belmond** – Thrivent Financial, 248 E. Main St.

**Thursday delivery locations:**

- Clarion** – Becky & Jon Ahrendsen’s home, 728 Maple Ln
- Garner** – Kathy & Randy Ingram’s, 750 Cobblestone Dr.
- Clear Lake** – Murielle & Dean Hess’s, 315 N. 4<sup>th</sup> St.
- Mason City** – Laura & David Bernemann’s, 23 Oak Dr.
- Farm**

**Pick up times**

**2:00 - 4:30 p.m.**

**4:00 - 6:00 p.m.**

**3:30 – 5:00 p.m.**

**4:00 – 6:00 p.m.**

**4:30 – 7:00 p.m.**

**3:00 – 8:00 p.m.**

**Member Agreement**

- I would like to be a member of One Step at a Time Gardens farm. I understand that the farmers and farm workers will work to the best of their abilities to deliver all that they have promised, and I realize that certain factors, such as weather, are out of their control. I look forward to the bounty of the gardens and understand there is some risk in farming and my membership is a commitment to share in that risk with the farmers.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

- I became aware of One Step at a Time Gardens through \_\_\_\_\_

- If you know of additional contacts interested in farm membership, Please provide names and contact information.

Enclose completed membership form and payment to: **One Step at a Time Gardens**, 1465 120<sup>th</sup> St., Kanawha, IA 50447

If you have additional questions, please contact us: [libland@peconet.net](mailto:libland@peconet.net), 515/851-1690.

Learn more about the farm at [www.ostgardens.com](http://www.ostgardens.com).

Thank you – We look forward to a season of great eating! – *Jan & Tim*

*We recommend you make a copy of this form for your records*